



Siskiyou Child Care and Early Education Guide

October 2011



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*A Publication of the Siskiyou County
Local Child Care Planning Council (LPC)
A Program of Siskiyou County Office of Education*

Give Your Baby a Great Start!



The first three years are the most crucial for brain development. Parents/guardians can boost intelligence, confidence and emotional well-being by providing a loving, stable environment; a healthy diet; and safe opportunities to explore, experiment and exercise.

From birth, children need caring adults to respond to their vocal and non-vocal cues. Talk to your baby and young child

often. **By age 2, children spoken to often will have learned almost 300 more words** than those spoken to less often.

Read out loud to your child every day, even when your child is a baby. Start with simple, touchable board books. Read the same book over and over. It helps a child learn words. When your child is older, encourage him/her to ask questions and talk about the story. Ask your child to predict what comes next. Tell stories. Let your child see you reading.

Give Your Child the Foundation for a Rewarding Life & a Successful Kindergarten - Grade 12 Experience!

Have meaningful conversations with your kids and show a genuine interest in their world. Children who enter school with a rich vocabulary and lots of communication practice, are better able to express themselves, get their needs met, master reading, writing and other academic skills.

Young children also need words to express how they feel. An emotional vocabulary helps them understand self and others, gain self-control, resolve conflicts, make and keep friends. Safe opportunities to express feelings keep pent-up emotions from blocking the learning process and emerging as inappropriate behavior.



Show your children how much they are valued. Emphasize their strengths, abilities and positive contributions.

CHOOSING HIGH QUALITY CHILD CARE & EARLY EDUCATION

Finding the best child care for your family is one of the most important decisions you will make for your child.

Research shows that children who attend high quality early childhood programs are happier, more confident and successful the rest of their lives. These children enter Kindergarten more focused, more comfortable in a school setting, and ready to learn. It is often easier for them to form friendships, cooperate, resolve conflict and express themselves clearly and effectively. In addition, they are more likely to graduate from high school, earn higher salaries and avoid juvenile delinquency.

What are some elements of a high quality program? What do I look for?

1. The child care provider/teacher – Look for someone who is warm and caring, attentive to and respectful of children’s individual needs. Does the teacher seem to enjoy being with children? Is the provider culturally sensitive, inclusive, and accepting of differences in ability, family circumstances and customs? Are children redirected/disciplined in positive ways rather than blamed, criticized or punished? Are positive social behavior and conflict resolution encouraged? Does the provider understand child development, offer plenty of appropriate hands-on activities and keep children interested and challenged? Does the teacher provide a print-rich environment and often read to the children? What specific training, experience, education or certification does the provider possess?

2. Staffing – Are there enough adults for the number of children?



3. Environment – Is the environment orderly and organized into interesting activity areas? Are there enough developmentally appropriate materials and equipment available throughout the day (both indoors and outdoors)? Do the children seem involved in constructive activities, engaged in discovery and excited about learning? Do the children have opportunities to choose their own activities, play, be creative and explore on their own? At the same time, does the caregiver introduce new concepts and experiences; expand upon children’s interests; and challenge children to reach the next level?

4. Health & Safety – Are the indoor and outdoor areas clean, safe and free from hazards? Are teachers trained in CPR and first aid? Are healthy meals and snacks served? What are the health and emergency policies?

5. Parent Involvement – Are parents welcome to drop in and visit the center at any time? Does the staff respect the parent’s role as first teacher and most important person in the child’s life? Do parents feel comfortable talking with staff, asking questions and expressing concerns?

TYPES OF CHILD CARE AND EARLY EDUCATION PROGRAMS

Licensed – Does not insure quality but does set minimum health, safety, and training requirements. All (except tribal) child care centers and family child care homes are required to be licensed.

Exempt Providers – Exempt providers are not required to be licensed. This category may include relatives, friends, neighbors, in-home care, cooperative arrangements or those who care for children from only one family besides their own. As the requirements for exemption can be complex, you may wish to call Siskiyou Child Care Council at 938-2748 for further clarification.

Family Child Care Homes – Licensed care is offered in the provider’s home. There are small and large family child care homes. (Small = 8 children or less; Large = 9 to 14 children)

Child Care Centers – Licensed care is offered at sites designed exclusively for children.

Accredited - Accredited family child care homes and centers voluntarily measure up to standards of quality established by national child care organizations. Accredited programs go far beyond minimum standards and make a commitment to high quality, developmentally appropriate care and higher levels of staff training. These programs undergo in-depth self-assessment, independent observation and approval by professional experts.

STATE & FEDERALLY FUNDED EARLY EDUCATION PROGRAMS

EARLY HEAD START – An inclusive, comprehensive child development program, which is family centered and community based. Early Head Start programs are required to adhere to a comprehensive list of quality standards. Services are designed for expectant families; infants and toddlers (ages 0 – 3); and parents of infants and toddlers. Early Head Start provides center-based care in Yreka; and home-based options in most communities throughout Siskiyou County. This federally funded program is free to income eligible families. At risk pregnancies or families of children with special needs may qualify for free services regardless of income. *For center-based care in Yreka, call: Siskiyou Early Head Start (842-8493). For home-based options, call Shasta Early Head Start (938-1633 or 1-800-464-8338), Siskiyou Early Head Start (842-8493) or Modoc Early Head Start (667-3119)*

HEAD START - An inclusive, comprehensive child development program, which is family centered and community based. Head Start programs are required to adhere to a comprehensive list of quality standards. Services are designed for children (and families of children) aged 3 – 5 years. Head Start provides a developmentally appropriate preschool program. This federally funded program is free to income eligible families. Families of children with special needs may qualify for free services regardless of income.

*In Siskiyou County, call: Karuk Tribal Head Start: Happy Camp (493-2226) Yreka (842-9225)
Shasta Head Start: Dunsmuir/Mt. Shasta (235-4627) Weed (938-1633) Yreka (842-5787)*

STATE PRESCHOOL – A part or full day educational program for children aged 3 – 5 years. Provides a developmentally appropriate curriculum that supports cognitive, physical, creative and social/emotional development; and encourages parent participation. Follows state-mandated learning guidelines. Free to income-qualified families. (Some programs accept families above the qualifying income level.)

See Child Care & Preschool Directory Insert for Siskiyou County state preschools.



KEY to SISKIYOU CHILD CARE & PRESCHOOL DIRECTORY

☆ = NAEYC
Accredited

SP = State Preschool
FCC = Family Child Care Home
LFCC = Large Family Child Care Home

S = Snack(s) Served
M = Meal(s) Served

T = Transportation to and/or from
program

Name & Address	Ages	Hours	Months
BIG SPRINGS			
Big Springs Child Care Center 7405 Hwy. A-12 (S,M) Vicki Fraley 459-3981	0 to 5	7:30 a.m. to 5:30 p.m. (M-F)	Year Round Lic#475404643
Big Springs State Preschool 7405 Hwy. A-12 (SP,S,M) Teresa Collier 459-3981	2.9 to 5 Must be 3 by Dec. 2nd	8:30 to noon (M-F)	Aug - June Lic#475403750
DORRIS			
Butte Valley Montessori 610 W. Third St. (SP,S, M, T) Daintry Zarzynski 397-2293 <i>Bilingual (Spanish/English) Aide</i>	2 to 5	7:30 a.m. to 4:30 p.m. (M-F)	Aug - June Lic#475404391
DUNSMUIR			
Dunsmuir Elementary Preschool 4760 Siskiyou Avenue (SP,S,M,T) 235-4828 X 303	2.9 to 5 Must be 3 by Dec. 2nd	8:30 a.m. to noon (M-F)	Aug - June Lic#475404757
ETNA			
Etna Elementary State Preschool 308 Center Street (SP,S,M) Wendy Hurlimann 467-5823	3 to 5	8:30 a.m. to noon (M-F)	Aug. - June Lic#475400584
FORT JONES			
Ft. Jones Elementary State Preschool 11501 Mathews St. (SP,S,M) Kathy Messenger 468-2412	2.9 to 5 Must be 3 by Dec. 2nd	8 a.m. to 11:30 a.m. (M-F)	Aug - June Lic#475403152
Koinonia Preschool 13005 N. Hwy. 3 (S) Laura 468-2229	2-1/2 to 5 yrs.	8 a.m. to 11:30 a.m. (M-F)	Sept. - June Lic#475405376
GREENVIEW			
Bright Kidz Child Care 137 Glendenning Road (LFCC,S,M,T) Lindsay 468-4350 <i>After Hours Care Available</i>	0 to 12	7 a.m. to 6 p.m. (M-F)	Year Round Lic#475405622
HAPPY CAMP			
Karuk Tribal Head Start 632 Jacobs Way (S,M,T) 493-2226	3 to 5	8 a.m. - 4 p.m. (M-F)	Sept. - May License Exempt
McCLOUD			
McCloud Elementary Preschool 332 Hamilton Way (SP,S,M) Greta Jones 964-2133	2.9 to 5 Must be 3 by Dec. 2nd	9 a.m. to noon (M-F)	Sept - June Lic#475404269

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MONTAGUE			
Montague State Preschool 430 E. Prather (SP,S,M) Britta Schafer 459-1466	2.9 to 5 Must be 3 by Dec. 2nd	8:30 a.m. to noon (M-F)	Sept. - June Lic#475401924
MT. SHASTA			
Chestnut Preschool 522 Chestnut St.(SP,S,M) Doreen Healy 926-0404	18 mos. to 5 yrs.	7:30 a.m.to 5:00 p.m. (M-F)	Year Round Lic#475401467
First Baptist Church Preschool 812 Lassen Lane (S) Veronica 926-5715	2 to 5 yrs.	8:30 to noon (M-F)	Aug - May Lic #471308544
Mt. Shasta Head Start 710 Everitt Memorial Hwy. (S, M, T) Kate Witherell (temporary # 235-4627) Opening in Jan. 2012	3 to 5 yrs.	8:30 to 12:30 (M-Th)	Aug – May License pending
The Old Shoe Family Day Care (FCC) Barbara 926-4097	0 to 12	6 a.m.to 5 p.m. (M-F)	Year Round Lic#471374326
Shady Creek Child Care Center 405 Mill Street (S,T) Jeanne Turner 926-0867	18 mos. to 10	7 a.m. to 5:30 p.m. (M-F)	Year Round Lic#471374536
South County Preschool (Special Day) 501 Cedar Street (M,T) Terese Jarding 926-4590	3 to 5	8:00 to noon (M-F)	Aug. - June License Exempt
TULELAKE			
Newell State Preschool 404 County Rd. 160 (SP,M) Mrs. Carroll 664-2560	3 to 5	8:00 a.m. to 12:30 p.m. (M-F)	Aug - June Lic# 255402518
TLC's Small Blessings Child Care & Preschool 427 G Street (S,M) Julie Haskins 667-5355 Bilingual (Spanish/English) Staff	0 to 12	7 a.m. - 6 p.m. (M-F)	Year Round Lic#475403783 & 475403784
WEED			
Ana's House Preschool & Daycare 531 S. Weed Blvd. Ana Fisher 938-2604 (S)	0 to 12 yrs.	7:30 a.m. – 5:30 p.m. (M-F)	Year Round Lic#471374263
☆ Discovery Child Development Ctr. (Shasta Head Start/State Preschool) 800 College Avenue (M) Kate Witherell 938-1633	3 to 5	7:45 a.m. - 2:30 p.m. (M-F)	Aug. - May Lic#475405124
Mt. View Early Head Start 780 S. Davis (M) Christine Gannon or Kristen Valenzuela 938-1633 Home Based Services	prenatal to 3 yrs.	Home Based by appointment (M-F)	Year Round
Siskiyou Child Care Center 170 Boles St. (SP,S,M,T) Suzie Lux 938-2793	2-1/2 to 9	7:30 a.m. - 5:30 p.m. (M-F)	Year Round Lic#471374215

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YREKA			
Children's Garden Home Care 727 Jackson St. Carmen Delgado 841-1027 (LFCC,S,M) Bilingual (Spanish/English) Care Non-traditional hours	6 mos. to 12 yrs.	5 a.m. – 10:30 p.m. (M-F) 5 a.m. – 2 p.m. (Sat.)	Year Round Lic#47404607
Chrysalis 316 Sherman (S,T) Susan Whitlow 842-7474	2 to 10 yrs.	7 a.m. to 6 p.m. (M-F)	Year Round Lic#471373791 & 475400993
Karuk Tribal Head Start 1320 Yellow Hammer (S,M,T) 842-9225	3 to 5	8 a.m. to 4 p.m. (M-F)	Sept. - May Licence Exempt
Lane Street Children's Center 631 Lane St. (SP,S,T) Kathy Crossman 842-5366	18 mos. - 10 yrs.	7:30 a.m. - 5:30 p.m. (M-F)	Year Round Lic#471371072 & 471371668
North County Preschool (Special Day) 1 Child's Way (S,M,T) Jessica Stone 842-8455	3 to 5	8:30 a.m. to noon (M-F)	Aug - June License Exempt
SCOE State Preschool 1 Child's Way (SP,S,M) Tara 842-8409	2.9 to 5 Must be 3 by Dec. 2nd	8:30 a.m. - noon 1 p.m. - 4 p.m. (M-F)	Aug. - June Lic#475402239
Siskiyou Early Head Start 1 Child's Way (S,M) Tara 842-8493 Both center-based care & home-based options	0 to 3 yrs.	Center hours: 9 a.m. to 3 p.m. (M-F) Home-based: by appointment (M-F)	Year Round Lic#475403887
Yreka Head Start 1273 S. Main St. (M,T) Ofelia Galvan 842-5787	3 - 5 yrs.	8 a.m. - noon or noon - 4 p.m. (M-Th)	Aug - May Lic#475403077
NOTE: This list may not include all the licensed programs in Siskiyou County. For a more extensive and up-to-date list of centers, preschools & family child care homes, call Siskiyou Child Care Council at 938-2748.			

CHILD CARE RESOURCES

FOR PARENTS:

Child Care Referral Services

Siskiyou Child Care Council – Provides up-to-date information on child care centers, licensed family child care homes and license-exempt providers throughout the county. Free brochure on choosing quality child care. 938-2748 or 1-800-300-2748

TrustLine - Background check for license-exempt providers 1-800-822-8490

Community Care Licensing – Licensing and regulation of centers and family child care homes. Investigates complaints against child care providers 530-895-5033

Child Care Payment Assistance

Siskiyou Child Care Council 938-2748 or 1-800-300-2748

College of Siskiyous (Special grant to assist CalWORKs and Job Retention students) 938-5377

Karuk Tribal TANF & CCDF Voucher Program (for tribal members) 493-1600 X-2030

Quartz Valley Tribe CCDF Voucher Program (for tribal members) 468-5907 X-303

Also check with individual child care programs

School Age/Afterschool Care

S.A.F.E. Afterschool Program – Available at most Siskiyou County K-8 schools. Contact your local school for details or Siskiyou County Office of Education 842-8439.

*For more options, check with **Siskiyou Child Care Council** (938-2748 or 1-800-300-2748), individual child care programs, schools and Family/Community Resource Centers*

Summer Programs/Recreation

Dunsmuir Recreation District 235-4740 Mt. Shasta Recreation District 926-2494

Weed Community Resource Center (938-2426) or Weed Recreation District 938-4685

Kidder Creek Orchard Camps 1-888-CAMPFUN (ages 5 and up)

NAWA Outdoor Adventure Programs 1-800-358-6292 (ages 10 – 18)

YMCA Summer Day Camp & Activity Schedule 842-9622

For more options, check with individual child care programs, schools and Family/Community Resource Centers

FOR CHILD CARE & EARLY EDUCATION PROVIDERS:

Siskiyou Child Care Council – Training for both licensed and license-exempt child care providers (including families, friends, neighbors, nannies, etc.). Help in obtaining a center or family child care license. Child Care Food Program. Child Care Payment Assistance. Curriculum, Toy & Resource Lending Library (includes books, DVDs and training materials on discipline, inclusion of children with special needs and other child care-related topics). 938-2748 or 1-800-300-2748

Local Child Care Planning Council (LPC) – Free online newsletter that includes local trainings, ECE news and resources. Incentive program for ECE providers who complete college courses and/or professional growth hours. County Child Care Needs Assessment, Strategic Plan, Health & Emergency Handbook, “Developmental Red Flag” brochures and other publications are available at 938-6103 or <http://www.siskiyoucoe.net/domain/64>

Siskiyou County Office of Education – Child Development Permit application assistance. 842-8408

College of the Siskiyous Mentor Program - Teachers and Directors provide free mentoring and consultation for qualified early care and education providers. Mentor Director Seminars open to all directors/owners/site supervisors. 842-6647 or aho@nctv.com

S.E.C.T. (Siskiyou Early Childhood Team) – a multidisciplinary team of local professionals who meet monthly to coordinate Early Child Prevention Services and provide assistance to concerned agencies and professionals who serve at-risk families with children 0 – 5 years. 841-2123 or 938-6103

SPECIAL NEEDS RESOURCES

EARLY START – Early intervention services for children, birth to three years old, who have, or are at risk for, developmental delays. Free assessment and services. Siskiyou County Office of Education and Far Northern Regional Center both provide Early Start services, and work collaboratively in Siskiyou County. A child may be eligible for one or both agencies. 842-8454 or 222-4791.

FAR NORTHERN REGIONAL CENTER (FNRC) – In addition to Early Start, FNRC provides services for all ages; and may purchase services, such as respite, out-of-home placement, infant development services, clinical, rehabilitation and diagnostic services. 222-4791

SPECIAL SCHOOLS AND SERVICES (Siskiyou County Office of Education) – Screening & assessment in many categories such as hearing, visual, motor, speech & language, psychological, and learning disabilities are free for children birth – 21. Special education services provided for students who are eligible. 842-8432

CALIFORNIA CHILDREN’S SERVICES (CCS) at Siskiyou County Public Health Dept. – Provides intensive case management for children birth to 21 years old who need specialized medical & rehabilitation services. A referral from a medical professional is needed. 841-2132

ROWELL FAMILY EMPOWERMENT – Free support to families of children with special needs. Parent to parent support. Will send specialized packet with information, latest research, and specialized programs on the child’s existing or suspected disability. 226-5129, 1-877-227-3471 or www.rfenc.org

SISKIYOU COUNTY SHRINE CLUB – Free medical care to children with orthopedic disabilities, spinal cord injuries and burns. 841-2656

SISKIYOU CHILD CARE COUNCIL (SCCC) – Assists families of children with special needs in finding appropriate child care. Toy Lending Library has special needs resources (books, videos and training materials) for parents, child care providers and general public. 938-2748 or 1-800-300-2748

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If You Have Concerns

Don’t wait to get help! Sometimes parents are confused, embarrassed or worried. But if your child is not meeting certain developmental milestones, it’s important to take that first step: identifying a concern.

The sooner your child’s issue is clarified, the sooner a child and family can receive support. It can make a big difference in your child’s development and may prevent some serious problems later on in school and throughout life.

For a free “Developmental Red Flags” brochure (ages birth to 3 years old and ages 3 to 6 years old), go to <http://www.siskiyoucoe.net/domain/64> or call 938-6103.

If your child’s behaviors and development don’t seem quite up to age appropriate, call the Special Education program at the Siskiyou County Office of Education (842-8432) for information or to request a free developmental screening.

Did you know...

A large number of Siskiyou County families qualify for free or low-cost services such as

- *Home Visiting Programs (starting as early as pregnancy)*
- *Early Head Start & Head Start (part-day & full-day programs)*
- *State Preschools*
- *Subsidized Licensed and License-exempt Child Care*

There are 10 Family/Community Resource Centers located throughout Siskiyou County offering **free** services (playgroups, parenting kits, parenting classes, family fun nights, child development information, resource referral, computer access, nutrition education and more).

Look inside for details

This guide was created by the Siskiyou County
Local Child Care Planning Council (LPC)

Our mission is to plan for, promote and support quality child care and early education services that meet the needs of all Siskiyou County families.



For more information,
call 530-938-6103 or visit

<http://www.siskiyoucoe.net/domain/64>

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