



Dear Siskiyou Early Head Start Families,

In response to the continuing concern of COVID-19 in our community, we are taking precautionary steps and following the recommendations and guidelines provided by county, state, and federal agencies to keep our partners and community members healthy and to help reduce the number of those potentially exposed to the virus. The health, safety, and well-being of all individuals and families in Siskiyou County is our highest priority.

As of Monday, March 23, 2020 through Friday, April 3, 2020, Siskiyou Early Head Start will be closed. Additionally, we will be closed for our scheduled Spring Break which falls on April 6, 2020 through April 14, 2020. As of now, we are scheduled to re-open on Wednesday, April 15, 2020. We will continue to be monitoring the situation and following the guidance of county officials. Prior to returning, please contact our main number at (530) 842-8493 to ensure we are open. We will be keeping our phone message as well as our Facebook page up to date. During the closure, we will also be taking the opportunity to deep clean our facility.

We encourage everyone to refer to [Siskiyou County Public Health](#) for public health recommendations, updates, and resources by visiting their website, or calling (530) 841-2134. We've also attached some additional resources to help answer any questions you may have.

During this stressful time, staying connected to friends, family or a mental health professional for support can help with mental well-being. It's important to talk with children about this situation and calm their fears, and help them understand why trips are cancelled, how to stay healthy, and to not blame those who are sick. Resources like [Care, Cope and Connect](#) help parents cope with stress and provide comfort and support to children through times of community stress. In addition, this [Sesame Street video on YouTube](#) is a fun and positive reminder for children on how to keep from spreading germs. Please consider sharing these resources with families.

Take good care of yourselves and each other,

A handwritten signature in blue ink that reads "Nicole Whitlow".

Nicole Whitlow  
Program Director